

FOUR THINGS YOU CAN DO TO HELP REDUCE DRUG ABUSE AND ADDICTION IN LAKE COUNTY

1

Purge your medicine cabinet.

Home medicine cabinets can be easy targets for abusers and addicts. For locations of free, anonymous drop off sites in Lake County visit LakeOpiateTaskForce.org.

2

Have a conversation with your kids about drugs.

Then have another. And another. Look for teachable moments. Be a good listener. Don't lecture or use scare tactics.

3

Chat up friends, neighbors, and coworkers.

Encourage them to get involved. Make sure they know about the ADAMHS Board's Compass Line so they can find help if they need it.

4

Want to take your involvement up another notch?

Host a neighborhood meeting. We'll gladly hook you up with information and materials. Call 350-2000 or 918-2000 (both 440) or email compassline@lakeadamhs.org

LAKE COUNTY
PIATE
TASK FORCE



Lake County Alcohol, Drug Addiction and Mental Health Services Board and Lake County Opiate Task Force

Need a sense of direction?

Start Here. Looking for help with issues like depression, mood disorders, alcohol or drug abuse, or family violence? Live in Lake County? Then we invite you to call our Compass Line. You'll talk with a trained triage specialist who can help you sort through your feelings, evaluate your options, and get connected quickly and firmly with the right local resources. It's free. It's confidential. It's a great place to start.



THE COMPASS LINE

350-2000 or 918-2000
(both 440)



Lake County Alcohol, Drug Addiction, and Mental Health Services Board