

# PREVENTURE Training

## PRE-Venture

### Personality Risk Education for the Prevention of Substance Abuse in Teenagers

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### Training and Materials Package

This program involves 4 different types of interventions, targeting different dimension of personality, which include :

- anxiety sensitivity
- negative thinking
- impulsivity
- and sensation seeking.

The interventions are based on the Motivational and Cognitive Behavioural approaches, so training **requirements will depend on the individual's previous training** within these approaches.

All trainees will be given **certificate** of approval at the end of training.

#### Training of professionals involves the following:

1. One-day seminar on the theoretical approach and the research involved in developing the programme.
2. For non-clinicians: One-day workshop reviewing traditional cognitive behavioural therapy (CBT) and motivational principles and exercises
3. How to target personality traits using CBT principles in the context of prevention: role play and trouble shooting.

Costs of training* (in US dollars)			
Type of training	Duration	Number of trainees	Price
<b>Preventure Facilitator (For Non-clinicians)</b>	3 days	Up to 4 people	\$3,400.00
		Extra people (up to 8)	Add \$600.00/pp
<b>Preventure Facilitator (For Clinicians)</b>	2 days	Up to 4 people	\$2,400.00
		Extra people (up to 8)	Add \$450.00/pp
<b>High Fidelity Certification with practical supervision*</b>	2 x 2h	Individual	@\$500.00/pp
<b>Additional supervision</b>	2h	Individual	@\$200.00/pp
<b>Preventure Trainer Certification **</b>	4 x half-days over 1 year	Initial training	\$2,000.00 /pp
<b>**Prerequisite : High Fidelity certification</b>			
<b>***Annual Partnership &amp; Training Fee</b>	1 year	Certified Facilitator	\$300.00/pp
		Certified Trainer	\$1,000.00/pp

*N.B. The costs of the clinical training will depend on the number of individuals being trained.*

*Facilitator manuals for the 4 personality groups will be provided during training sessions (printed by us, not for broad distribution) and are included in these costs.*

### **\*High Fidelity Preventure Certification**

This is the training requirements used in previous randomised trials in which Preventure training and implementation resulted in significant reductions in substance use and misuse (e.g., Conrod et al., 2013). In addition to the two-three day training workshop, observation of Preventure sessions (90 min/session) with individualized feedback sessions (30 min/session) is required.

### **\*\* Preventure Trainer Certification**

This package is tailored to clinicians and educators interested in becoming an expert Preventure Trainer in their community. To receive this Certification, trainees are required to:

- receive the High Fidelity Certification\*
- Ask to become a Preventure Certified Trainer
- Pay a \$2000 Certification Fee
- Video record themselves animating 5 key exercises during a Preventure training workshop:
  - o “Scientific review: What are the results for Preventure” lecture [Day 1];
  - o “Role play in Clinical review: Motivational Interviewing” exercise [Day 1];
  - o “Welcome and About You” modeling [Day 2];
  - o “Challenging your hot thoughts” modeling [Day 2], and
  - o “Imagine Your Situation” modeling [Day 2].
- Plan 4 (four) half-days of online training sessions;
- Sign the Preventure Trainer Certification Agreement.

### **\*\*\*Annual Partnership & Training Fee**

The Annual Partnership & Training Fee is designed to support partners like you by creating a sharing community. Preventure is a rigorous and evidence-based program and continuous training is essential to keep its high quality.

We offer three (3) Preventure activities to support you with continuous training:

- Preventure *Annual meeting*;
- Preventure Trainer *Webinars*;
- Individual Preventure *supervision* (2 x 1 hour).

For facilitators, the Annual Partnership & Training Fee includes:

- A free subscription to one (1) of the three (3) training activities (minimum commitment);
- A special mention on: Preventure’s website, Preventure’s social media and during Preventure’s conferences.

For trainers, the Annual Partnership & Training Fee includes:

- A free subscription to two (2) of the three (3) training activities (minimum commitment);
- Two (2) hours of support to help you create personalized and localized webinars;
- Two (2) hours of support to help you create marketing tools (case study, one-pagers...);
- A special mention on: Preventure’s website, Preventure’s social media and during Preventure’s conferences.

### **Student Manuals**

Manuals are copyrighted, which means that they cannot be reproduced. Each child will require their own manual to participate in the programme. Manuals can be ordered in packages of 10/trait minimum.

<b>Costs of manuals (in US dollars)</b>			
Number of Manuals (including each personality type)	>400	200-399	<200
Price* per manual	\$12.00	\$18.00	\$22.00